

January February March 2020

# QUALITY TIMES



## rock n' learn: setting the stage for the whole child

Our 2020 Sky's the Limit Conference is  
just around the corner! | Page 10

# Childcare Resources Training and Registration Policies

**We appreciate your respect of our training policies and procedures and look forward to providing an effective learning environment for all of our participants.**

Childcare Resources is the proud recipient of the National Quality Assurance Designation by Child Care Aware of America and the 2004 Exemplar Award by the International Association for Continuing Education and Training (IACET). We are dedicated to providing the highest quality experience for child care providers seeking assistance and training that enhances the quality of care for children in central Alabama.

Every training is evaluated for Continuing Education Unit (CEU) approval.

- Sessions that offer CEUs have undergone a process of evaluation and development and successfully met rigorous criteria in accordance with IACET guidelines.
- All trainings are related to one of the Alabama Department of Human Resources (DHR) Training Categories, Child Development Associate (CDA) Subject Areas, Alabama Pathways Core Knowledge Areas (CKA), and Child Care Development Fund (CCDF).

## Training Policies

1. Childcare Resources training is open to all persons regardless of race, national origin, religion, age, sex, political beliefs, disabilities or socioeconomic status. Childcare Resources demonstrates its commitment to treat everyone with fairness and respect by valuing diversity, inclusion and its culture through the development and delivery of its learning events. Childcare Resources is committed to providing reasonable accommodation for individuals with disabilities in its services, programs, and activities. To request reasonable accommodation, contact Amy Bradley at 205-945-0018 ext. 312 or [abradley@ccr-bhm.org](mailto:abradley@ccr-bhm.org). Requests should be made as soon as possible but at least two weeks prior to the scheduled training.
2. Submission of a registration form grants permission for Childcare Resources to take photographs during training to use in agency publications and on social media.
3. Training begins on time; you are expected to arrive on time. Once training begins, entering the training will be prohibited.
4. Childcare Resources is accredited by the International Association for Continuing Education and Training (IACET). Childcare Resources complies with the ANSI/IACET Standard, which is recognized internationally as a standard of excellence in instructional practices. As a result of this accreditation, Childcare Resources is authorized to issue the IACET CEU. To receive full clock hours and CEU credit, you must be present for the entire training.
5. Learners are expected to actively participate in all training activities; complete a pre- and post-assessment, which will be used for the evaluation of the learning outcomes and learning expectations, and submit a training evaluation.
6. Children are not permitted at any training session.
7. Cancellations and registration for substitutions are permitted one full business day prior to scheduled training. Refunds are not available.
8. Substitution Policy: Substitutions are only allowed for paid trainings and must be completed one full business day in advance of a training. If you would like to send a substitute in the place of a registered learner, you must complete a registration form for the new learner and call Beth Nelson at (205) 945-0018 Ext. 302. Substitutions on the day of the training will not be permitted. The original registered learner will be withdrawn from registration and must re-register with a new form.
9. Training Attendance Policy: Due to high demand of our trainings and limited seating, Childcare Resources will allow learners to have three no-shows in a 12-month period for pre-registered trainings. After three no-shows, you will be notified that you are not allowed to pre-register for trainings. You will be allowed to arrive at the time of the training and register for any available seating. Seating will not be guaranteed and is based on availability.
10. Inclement Weather: In the event of a weather-related delay or closure at Childcare Resources, updates will be posted on the agency's website, [www.ccr-bhm.org](http://www.ccr-bhm.org). Any affected session(s) will be rescheduled with the new date communicated via the website.

## Registration Procedures

1. Please register using Quality Times registration forms or Cvent on our website. **FORMS MUST BE COMPLETE!**
2. One applicant per registration form. You may duplicate the form as needed.
3. Fee-based trainings must be paid before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
4. You will receive an email through Cvent to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 302.
5. Checks, money orders, MasterCard, Discover, American Express, PayPal and Visa are accepted for payment. Please see registration forms for more information.
6. Trainings are enrolled on a first come, first served basis. Please register early!





# Training Registration Form

**2020**  
**January February March**

## Learner Information

\*Required Information for all learners  
\*\*Required for first time learners

**Privacy Policy: All learner records and correspondence will be sent to the learner address on this form.**

*Learner Name (Please Print): *Is this your first training with us? Y N		*Learner Home Address: (Include street address, city, state and zip code)	
*Learner Home Phone:	*Gender <input type="checkbox"/> Female <input type="checkbox"/> Male	*Age: <input type="checkbox"/> 19-30 <input type="checkbox"/> 31-50 <input type="checkbox"/> 50+	*Learner Race: <input type="checkbox"/> African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other_____
*Learner Cell Phone:			
*What is your role in working with children? <input type="checkbox"/> Center Director <input type="checkbox"/> Center Teacher <input type="checkbox"/> Center Support Staff <input type="checkbox"/> Family Child Care Home Licensee		<input type="checkbox"/> Group Home Licensee <input type="checkbox"/> Group Home Assistant <input type="checkbox"/> Interested in Family Child Care Home <input type="checkbox"/> Interested in Being a Center Teacher <input type="checkbox"/> Interested in Being a Center Director <input type="checkbox"/> Relative Care Provider <input type="checkbox"/> Parent <input type="checkbox"/> Other	
*Employer Name:		*Employer Address:	
*Business Phone:		*Business Email:	*Business City/County: <input type="checkbox"/> Birmingham City <input type="checkbox"/> Blount <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Other_____
*Number of Children served:			
*Type of Child Care Provider: <input type="checkbox"/> Child Care Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Relative Care		<input type="checkbox"/> Family Child Care Group Home <input type="checkbox"/> Elementary School Grades K-8 <input type="checkbox"/> Other_____	
*Is this Provider: <input type="checkbox"/> Licensed <input type="checkbox"/> Licensed-Exempt			
*Learner Email: Join our email list: Y N		**How do you receive the Quality Times? <input type="checkbox"/> I do not receive the Quality Times <input type="checkbox"/> I want to receive the Quality Times by <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Internet <input type="checkbox"/> Mail <input type="checkbox"/> Email	

## Registration Procedures

Please register using our agency registration forms. **FORMS MUST BE COMPLETE!**

- One applicant per registration form. You may duplicate the form as needed.
- Select the training dates on the back of this form and mail or deliver this form with payment to: Childcare Resources, 244 West Valley Avenue, Suite 200, Birmingham, AL 35209
- Fee-based trainings must be paid in full before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not recieved, registration is incomplete.
- You will receive an email to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 302.
- Checks, money orders, MasterCard, Discover, Visa, PayPal and American Express are accepted for payment.
- Trainings are enrolled on a first come, first served basis. Please register early!
- Effective October 1, 2017, Childcare Resources will no longer issue training vouchers for fee-based trainings. Please make every effort to attend the training session(s) you have registered for or send a substitute in your place. Registration for substitutions must be completed one full business day in advance of the training date.
- Please review our Training Attendance and Substitution Policies on page 2 of the Quality Times before submitting this form.



United Way  
of Central Alabama, Inc.



## Payment Procedures

- Proof of payment is required for your registration to be complete. Therefore, faxed registration forms will not be processed for fee-based training.
- You may submit a check or money order with this form and return it to Childcare Resources via mail.
- If you would like to pay by PayPal or credit card go online to [www.ccr-bhm.org](http://www.ccr-bhm.org). Click on Providers-Training and Technical Assistance-Quality Times and proceed with online registration hosted by Cvent.

**Payment Method:** (Circle)

Check Cash Money Order

# CIRCLE THE TRAININGS OF YOUR CHOICE:

## January

- Free Welcome to Child Care I  
Tuesday, January 7, 2020; 8:30am to 3:00pm
- \$60 Basic Administration Course: Course Only  
Wednesday, January 8, 15, 22, and 29, 2020; 8:30am to 3:00pm
- \$60 Basic Administration Course: With Practicum  
Wednesday, January 8, 15, 22, and 29, 2020; 8:30am to 3:00pm
- Free Lights, Camera, Action! Setting the Stage for Dramatic Play (BLOUNT)  
Wednesday, January 8, 2020; 1:00pm to 3:00pm
- Free Distance Learning Course with Alabama Public Television Orientation:  
Right From Birth  
Friday, January 10, 2020; 1:00pm to 2:00pm
- Free Building a Healthy Start: Module 2 -  
Promoting Physical Activity for Infants and Toddlers in Early Childhood Settings  
Tuesday, January 14, 2020; 9:00am to 11:00am
- Free Lights, Camera, Action! Setting the Stage for Dramatic Play (WALKER)  
Wednesday, January 15, 2020; 1:00pm to 3:00pm
- Free Measure and Improve Leadership & Management Practices:  
An Overview of the Program Administration Scale (PAS)  
Thursday, January 16, 2020; 12:30pm to 3:00pm
- Free Measuring Family Child Care Quality:  
An Overview of the Family Child Care Environment Rating Scale (FCCERS-R)  
Tuesday, January 21, 2020; 6:00pm to 8:30pm
- \$20 Health & Safety: Jefferson County Department of Health Regulations for the  
Construction, Operation and Maintenance of Child Care Centers  
Thursday, January 23, 2020; 9:00am to 11:30am
- Free Emergency Preparedness: Are You Ready? (SHELBY)  
Saturday, January 25, 2020; 8:00am to 10:00am
- Free Your Role in Preventing Child Abuse and Neglect (SHELBY)  
Saturday, January 25, 2020; 10:15am to 12:15pm
- Free Transportation in Early Child Care (ONLINE)  
Monday, January 27, 2020 - Friday, January 31, 2020; ONLINE
- Free Your Role in Preventing Child Abuse and Neglect  
Tuesday, January 28, 2020; 6:00pm to 8:00pm
- Free Managing Food Allergies in the Early Childhood Setting  
Thursday, January 30, 2020; 9:00am to 10:00am
- Free Medication and Child Care: A Guide to the Baby Douglas Law  
Thursday, January 30, 2020; 10:00am to 11:00am
- Free CPR / First Aid  
Thursday, January 30, 2020; 12:30pm to 4:30pm

## February

- Free Welcome to Child Care II  
Tuesday, February 4, 2020; 8:30am to 3:00pm
- Free Minding Your P's and Q's: Manners with Preschoolers (BLOUNT)  
Wednesday, February 5, 2020; 1:00pm to 3:00pm
- Free Measuring Infant/Toddler Quality:  
An Overview of the Infant Toddler Environment Rating Scale (ITERS-R)  
Thursday, February 6, 2020; 12:30pm to 3:00pm
- \$20 Health & Safety: Jefferson County Department of Health Regulations for the  
Construction, Operation and Maintenance of Child Care Centers  
Saturday, February 8, 2020; 8:00am to 10:30am
- Free Emergency Preparedness: Are You Ready?  
Saturday, February 8, 2020; 10:45am to 12:45pm
- Free First Steps to a Career in Child Care (ONLINE)  
Monday, February 10, 2020 - Friday, February 14, 2020; ONLINE
- Free Health 101:  
The Basics of Keeping Children Healthy and Safe in a Child Care Setting  
Tuesday, February 11, 2020; 9:00am to 10:00am
- Free Managing Food Allergies in the Early Childhood Setting  
Tuesday, February 11, 2020; 10:00am to 11:00am
- Free CPR / First Aid  
Tuesday, February 11, 2020; 12:30pm to 4:30pm
- \$15 Inquiry Based Science: Health and Biology  
Wednesday, February 12, 2020; 1:00pm to 3:30pm

- Free Minding Your P's and Q's: Manners with Preschoolers (WALKER)  
Wednesday, February 12, 2020; 1:00pm to 3:00pm
- Free Transportation in Early Child Care  
Thursday, February 13, 2020; 9:00am to 11:00am
- Free Directors' Network: Minimum Standards for Day Care Centers (BLOUNT)  
Tuesday, February 18, 2020; 12:00pm to 1:30pm
- Free Lights, Camera, Action! Setting the Stage for Dramatic Play (SHELBY)  
Tuesday, February 18, 2020; 1:00pm to 3:00pm
- \$15 Getting to Know Me: Infants  
Wednesday, February 19, 2020; 8:30am to 3:00pm
- Free APT Presents: Seasons in Science  
Thursday, February 20, 2020; 2:00pm to 4:00pm
- Free BAS Overview:  
Basic Administration Scale Overview for Family Child Care Homes  
Tuesday, February 25, 2020; 6:00pm to 8:30pm
- Free Your Role in Preventing Child Abuse and Neglect  
Wednesday, February 26, 2020; 9:00am to 11:00am
- Free Keep Calm and Carry On: Managing Challenging Behaviors in your Classroom  
Thursday, February 27, 2020; 12:30pm to 2:30pm
- \$15 Make-N-Take: A Ticket Around the World:  
Geography Experiences for Preschoolers  
Thursday, February 27, 2020; 6:00pm to 7:30pm
- Free Directors' Series: Early Brain Development Matters!  
Friday, February 28, 2020; 12:30pm to 2:30pm

## March

- Free Emergency Preparedness: Are You Ready? (ONLINE)  
Monday, March 2, 2020 - Friday, March 6, 2020; ONLINE
- Free Building a Healthy Start: Module 3 -  
Protecting Infants and Toddlers in Early Childhood Settings from Disaster  
Tuesday, March 3, 2020; 9:00am to 11:00am
- Free ADHD and the Impact on Social Emotional Development  
Wednesday, March 4, 2020; 12:00pm to 2:00pm
- Free Eco-Healthy Child Care  
Friday, March 6, 2020; 12:30pm to 2:30pm
- \$20 Health & Safety: Jefferson County Department of Health Regulations for the  
Construction, Operation and Maintenance of Child Care Centers  
Tuesday, March 10, 2020; 6:00pm to 8:30pm
- Free Language and Literacy in the Early Care Setting (SHELBY)  
Tuesday, March 10, 2020; 1:00pm to 3:00pm
- Free Medication and Child Care: A Guide to the Baby Douglas Law  
Wednesday, March 11, 2020; 9:00am to 10:00am
- Free Health 101:  
The Basics of Keeping Children Healthy and Safe in a Child Care Setting  
Wednesday, March 11, 2020; 10:00am to 11:00am
- Free Childcare Resources Presents: Toddlers and Challenging Behaviors:  
Why They Do It and How to Respond  
Thursday, March 12, 2020; 2:00pm to 4:00pm
- \$30 Directors' Retreat: Lights, Camera, Direction!  
The Script to a Successful Child Care Program  
Friday, March 13, 2020; 9:30am to 1:00pm
- Free Super Saturday (BLOUNT): Equipped:  
Building a Collaborative Approach to Addressing Challenging Behaviors  
Saturday, March 14, 2020; 8:15am to 10:15am
- Free Super Saturday (BLOUNT): Session 2: Challenging Behaviors? Oh My!  
Effective Strategies for Classroom Teachers  
Saturday, March 14, 2020; 10:30am to 12:30pm
- Free Building Blocks for Future Success:  
Foundational Learning Experiences for Infants and Toddlers  
Tuesday, March 17, 2020; 9:00am to 11:00am
- Free First Steps to a Career in Child Care  
Tuesday, March 17, 2020; 12:00pm to 1:30pm
- Free It's All About Me! Individualizing Learning in Early Care Settings  
Wednesday, March 18, 2020; 1:00pm to 3:00pm
- Free Language and Literacy in the Early Care Setting (WALKER)  
Wednesday, March 18, 2020; 1:00pm to 3:00pm
- Free Go Natural! Discovering the Power of Nature in Outdoor Playscapes  
Tuesday, March 31, 2020; 9:00am to 11:00am

Learner Name: \_\_\_\_\_

Training Levels		Target Age Groups	
Basic (B)	Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. <b>Basic Level Training</b> covers a foundational understanding and demonstration of developing skills.	Infants	Birth to 12 months
Intermediate (I)	Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. <b>Intermediate Level Training</b> includes expanding knowledge and application, and refining skills.	Toddlers	1 and 2 year olds
Advanced (A)	Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. <b>Advanced Level Training</b> focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.	Preschoolers	3 and 4 year olds
		School-agers	5 to 12 year olds
		ALL	Infants, Toddlers, Preschoolers, and School-agers

DHR Minimum Standards Training Areas		CDA (Child Development Associate) Subject Areas		Alabama Pathways Core Knowledge Areas (CKA Areas)	
CD	Child Development	1	Planning a safe and healthy learning environment	CGD	Child Growth and Development
HSUP	Health, Safety and Universal Precautions	2	Advancing children's physical and intellectual development	HSN	Health, Safety & Nutrition
QCCL	Quality Child Care and Licensing	3	Supporting children's social and emotional development	LEE	Learning Experiences and Enrichment
CCPF	Child Care Professional and the Family	4	Building productive relationships with families	DIV	Diversity
LD	Language Development	5	Managing an effective program	COA	Child Observation and Assessment (Planning for Individual Needs)
PDG	Positive Discipline and Guidance	6	Maintaining a commitment to professionalism	ICFC	Interaction with Children, Families and Communities
AM	Administration and Management	7	Observing and recording children's behavior	PPD	Personal and Professional Development
		8	Understanding principles of child development and learning	MA	Management & Administration

## CCDF (Child Care Development Fund) Training Areas

- Prevention and control of infectious diseases (including immunizations)
- Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
- Administration of medication
- Prevention of and response to emergencies due to food and allergic reactions
- Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
- Prevention of Shaken Baby Syndrome and abusive head trauma
- Emergency preparedness and response planning for natural and man-caused events
- Handling and storage of hazardous materials, including correct disposal of biocontaminants
- If applicable, appropriate pre-cautions in transporting children
- First-aid and CPR
- Recognizing and reporting child abuse and neglect
- Identifying and serving homeless children and their families
- Promoting the social, emotional, physical and cognitive development of children, **including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies.**
- Caring for children in geographic areas with significant concentrations of poverty and unemployment
- Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, **including reducing expulsions of preschool-aged children for such behaviors**
- Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
- Understanding early neurological development
- Using data to guide program improvement
- Supporting positive development of **school-age children**
- Improving the quality of programs and services for **infants and toddlers**





# GO NATURAL!

## DISCOVERING THE POWER OF NATURE IN OUTDOOR PLAYSCAPES

TUESDAY, MARCH 31, 2020 | 9:00 AM - 11:00 AM

Are the outdoor play spaces for the children you serve the best that they can be? Join us as we reinvent existing playgrounds into nature-based playscapes. In this training, we will discuss how affordable and practical it can be to create a more diverse and naturalistic playground setting. Together we will discover the benefits of natural playscapes and the positive effects they have on young children!

**For more information:** [ajennings@ccr-bhm.org](mailto:ajennings@ccr-bhm.org) | (205) 945-0018 ext. 322

**TO REGISTER:** [www.ccr-bhm.org/training](http://www.ccr-bhm.org/training)

# CPR & FIRST AID

## TRAINING



**Jan 30, 2020**  
12:30pm to 4:30pm  
8 Spots Available

**Feb 11, 2020**  
12:30pm to 4:30pm  
8 Spots Available

**CHILDCARE RESOURCES CONFERENCE ROOM**  
**TO REGISTER:** [WWW.CCR-BHM.ORG/TRAINING](http://WWW.CCR-BHM.ORG/TRAINING)



**NOW ACCEPTING  
APPLICATIONS  
FOR 2019-2020**

# RISE PROGRAM

Assists child care centers in obtaining national accreditation, along with helping programs achieve quality improvement.

### PROGRAMS RECEIVE:

- Center and Classroom Assessments
- Center Stipends
- One-on-One Consultations
- Reflective Coaching

### FOR MORE INFO:

Valerie Wyatt,  
National Child Care Accreditation Specialist  
205-945-0018 Ext. 330 | [vwyatt@ccr-bhm.org](mailto:vwyatt@ccr-bhm.org)

# CCDF SATURDAY

shelby  
county

**JAN 25, 2020 | 8:00 AM - 12:15 PM**

**SESSIONS INCLUDE:**  
**Emergency Preparedness**  
*8:00 am - 10:00 am*

**Your Role in Preventing  
Child Abuse and Neglect**  
*10:15 am - 12:15 pm*

Riverchase Community Church  
2053 Old Montgomery Highway  
Birmingham, AL 35244

**FOR MORE INFO:**  
[kbarton@ccr-bhm.org](mailto:kbarton@ccr-bhm.org) | 205-945-0018 ext. 304

**TO REGISTER:**  
[www.ccr-bhm.org/training](http://www.ccr-bhm.org/training)



## Distance Learning with Alabama Public Television **Right From Birth**

**Right From Birth** is a 12-part series of 30-minute programs for Broadcast Distance Learning and is designed for parents and child care professionals serving children, birth to eighteen months. It presents critical and practical advice on supporting children's learning from the day they are born. The orientation session provides overview of the course, a schedule of the televised air dates, how to access the course online and expectations for completing the course. Orientation is Friday, January 10, 2020, at Childcare Resources from 1:00 pm to 2:00 pm. **You must attend the orientation, closeout, as well as complete and submit all assignments to receive credit.**

This course is delivered as a series of **30-minute programs** televised over **12 consecutive Saturdays** from **7:00-7:30 am**. It can also be viewed online at [www.aptv.org](http://www.aptv.org).

<b>Orientation</b>	Friday, January 10, 2020
<b>Course Begins</b>	Saturday, January 11, 2020
<b>Course Ends</b>	Saturday, March 28, 2020
<b>Closeout</b>	Friday, April 3, 2020





# CCDF TRAININGS

Let us help you obtain the Child Care Development Fund (CCDF) required trainings for you and your staff! Childcare Resources is continuing to offer training that supports the needs of early child care educators to meet the CCDF training requirements.

**Fill your quarter and fulfill CCDF 1-11 training requirements!**

## **Eco-Healthy Child Care**

March 6, 2020 8

## **Emergency Preparedness: Are You Ready?**

January 25, 2020 (SHELBY) 5, 7, 8

February 8, 2020 5, 7, 8

March 2 - March 6, 2020 (ONLINE) 5, 7, 8

## **Health 101**

February 11, 2020 1

March 11, 2020 1

## **\*Health and Safety:**

**Jefferson County Department of Health Regulations for the Construction, Operation, and Maintenance of Child Care Centers**

January 23, 2020 1, 3, 8

February 8, 2020 1, 3, 8

March 10, 2020 1, 3, 8

## **Managing Food Allergies in the Early Childhood Setting**

January 30, 2020 4

February 11, 2020 4

## **Medication and Child Care:**

### **A Guide to the Baby Douglas Law**

January 30, 2020 3

March 11, 2020 3

## **Transportation in Early Child Care**

January 27 - January 31, 2020 (ONLINE) 9

February 13, 2020 9

## **Welcome to Child Care I**

January 7, 2020 1, 4, 5, 7, 16

## **Your Role in Preventing Child Abuse and Neglect**

January 25, 2020 (SHELBY) 2, 6, 11

January 28, 2020 2, 6, 11

February 26, 2020 2, 6, 11

\*The Health and Safety: Jefferson County Department of Health Regulations for the Construction, Operation, and Maintenance of Child Care Centers is a fee-based training that meets the requirements for Jefferson County Department of Health (JCDH); however, the information discussed in this training will cover several of the items for CCDF. Providers are not required to take this training to satisfy CCDF requirements.



# ONLINE COURSES NOW AVAILABLE!

**Transportation in Early Child Care**  
Mon, Jan 27 - Fri, Jan 31, 2020

**First Steps in Early Childhood**  
Mon, Feb 10 - Fri, Feb 14, 2020

**Emergency Preparedness**  
Mon, Mar 2 - Fri, Mar 6, 2020

## MORE INFO:

205 - 945 - 0018 ext. 304  
kbarton@ccr-bhm.org

## NEWLY RENOVATED RESOURCE LIBRARY

The newly renovated Early Learning Resource Library is now open!

**Theme Boxes**

**Teacher Resource Books**

**Children's Books**

**And so much more!**

**Monday—Friday | 8:30am to 4:00pm**

## Questions or More Info:

205-945-0018 Ext. 315  
ksprouse@ccr-bhm.org

# SUPER SATURDAY

## BLOUNT COUNTY

**MARCH 14, 2020**  
**8:00 AM - 12:30 PM**

## SESSIONS INCLUDE:

**EQUIPPED: BUILDING A COLLABORATIVE APPROACH TO ADDRESSING CHALLENGING BEHAVIORS**  
(8:15 AM TO 10:15 AM)

**CHALLENGING BEHAVIORS... OH MY! EFFECTIVE STRATEGIES FOR CLASSROOM TEACHERS**  
(10:30 AM TO 12:30 PM)

## FOR MORE INFO:

kstanton@ccr-bhm.org  
205 - 945 - 0018 ext. 311

REGISTER: [www.ccr-bhm.org/training](http://www.ccr-bhm.org/training)

APRIL  
**25**

CHILDCARE RESOURCES  
PRESENTS

# ROCKN' LEARN

SETTING THE STAGE  
FOR THE WHOLE CHILD

sky's  
the  
limit  
conference

CCR-BHM.ORG/SKYS-THE-LIMIT

METROPOLITAN CHURCH OF GOD | 8AM TO 3:15PM

REGISTRATION OPENS FEBRUARY 2020





# BASIC ADMINISTRATION COURSE

Learn the basics of operating a child care center. Topics will include hiring staff, wage and hour, staff management, stress management, and more!

This course fulfills the DHR requirement of administration training for directors.

**You must attend all four days of training for credit to be awarded.**

**JAN 8 | JAN 15 | JAN 22 | JAN 29**

Contact: Kewana Stanton  
205-945-0018 ext. 311  
kstanton@ccr-bhm.org  
Cost: \$60

## Directors' Network (BLOUNT) Minimum Standards for Day Care Centers

The State of Alabama Department of Human Resources Minimum Standards for Day Care Centers and Nighttime Centers were revised November 2018.

Please join us as a consultant from the Department of Human Resources Office of Training and Development reviews updates and answers questions regarding these changes.

**Tuesday, February 18, 2020  
12:00 to 1:30pm**

**Kid's Campus, Inc.**  
27550 AL-75  
Oneonta, AL 35121

**To Register:** [www.ccr-bhm.org/training](http://www.ccr-bhm.org/training)

# January Training Sessions

## Welcome to Child Care I

**Dates Offered:** Tuesday, January 7, 2020; 8:30am to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, December 31, 2019

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP, QCCL, CCPF

**CCDF Categories:** 1, 4, 5, 7, 16

**Funded By:** DHR

**Training Hours:** 6

**CDA Categories:** 1, 2, 3, 7, 8

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN, PPD, MA, ICFC

Welcome to Child Care I covers topics required by DHR Minimum Standards for child care providers and staff. The following training categories will be discussed: quality child care and licensing, the child care professional and family, and health, safety and universal precautions. Child care professionals must show proof of acquiring the necessary training hours in these categories before opening or working in a child care center or home.

## Basic Administration Course: Course Only

**Dates Offered:** Wednesday, January 8, 15, 22, and 29, 2020; 8:30am to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 2, 2020

**Cost:** \$60

**Target Age Group:** All

**DHR Categories:** AM

**CCDF Categories:** 18

**Funded By:** UWCA

**Training Hours:** 20

**CDA Categories:** 1: 4hrs; 4: 1hr; 5: 14hrs; 6: 1hr

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** MA

Come learn the basics of operating a child care center. Topics will include hiring staff, wage and hour, staff management, stress management and more. This course fulfills the DHR licensing requirement of administrative training for directors. **You must attend all four days of training for credit to be awarded.**

## Basic Administration Course: With Practicum

**Dates Offered:** Wednesday, January 8, 15, 22, and 29, 2020; 8:30am to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 2, 2020

**Cost:** \$60

**Target Age Group:** All

**DHR Categories:** QCCL: 5, AM: 20

**CCDF Categories:** 18

**Funded By:** DHR and UWCA

**Training Hours:** 25

**CDA Categories:** 1: 5hrs; 4: 3hrs; 5: 14hrs; 6: 3hrs

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD: 5; MA: 20

Come learn the basics of operating a child care center. Topics will include hiring staff, wage and hour, staff management, stress management and more. This course fulfills DHR licensing requirements in administrative training for directors. In addition, participants in the Basic Administration plus Practicum are paired with a local mentor to participate in practical field experiences related to the course and career interests. Five additional hours of training credit will be awarded. **Participants must attend all four days of training and provide verification of the practicum experience for credit to be awarded.**

## Lights, Camera, Action! Setting the Stage for Dramatic Play (BLOUNT)

**Dates Offered:** Wednesday, January 8, 2020; 1:00pm to 3:00pm

**Location:** Kids Campus; 27550 AL-75; Oneonta, AL 35121

**Deadline to Register:** Thursday, January 2, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CDG

In most classrooms, dramatic play is traditionally found in the home living area; however, when you watch children play, they reinvent scenes from all aspects of their lives. In order to reach the full benefit of dramatic play as it relates to learning, early care professionals should "set the stage" throughout the classroom. Any area should be inviting for dramatic play! Presentation alone should inspire creative and imaginative play.



# January Training Sessions

## Distance Learning Course with Alabama Public Television Orientation: Right From Birth

**Dates Offered:** Friday, January 10, 2020; 1:00pm to 2:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Friday, January 3, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** CCPF

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** PPD

Right From Birth is a 12-part series of 30 minute programs for Broadcast Distance Learning and is designed for parents and child care professionals serving children, birth to eighteen months. It presents critical and practical advice on supporting children's learning from the day they are born. The orientation session provides overview of the course, a schedule of the televised air dates, how to access the course online and expectations for completing the course. Orientation is Friday, January 10, 2020 at Childcare Resources from 1:00 pm to 2:00 pm. Closeout is Friday, April 13, 2020 at Childcare Resources from 1:00 pm to 2:00 pm. **You must attend the orientation, closeout, as well as complete and submit all assignments to receive credit.**

## Building a Healthy Start: Module 2 - Promoting Physical Activity for Infants and Toddlers in Early Childhood Settings

**Dates Offered:** Tuesday, January 14, 2020; 9:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, January 7, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** HSUP

**CCDF Categories:** 13, 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

This module provides a developmental approach to promoting physical activity and optimal physical development for infants and toddlers in child care.

## Lights, Camera, Action! Setting the Stage for Dramatic Play (WALKER)

**Dates Offered:** Wednesday, January 15, 2020; 1:00pm to 3:00pm

**Location:** Jasper Civic Center; 204 19th St E Suite 100; Jasper, AL 35501

**Deadline to Register:** Wednesday, January 8, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CDG

In most classrooms, dramatic play is traditionally found in the home living area; however, when you watch children play, they reinvent scenes from all aspects of their lives. In order to reach the full benefit of dramatic play as it relates to learning, early care professionals should "set the stage" throughout the classroom. Any area should be inviting for dramatic play! Presentation alone should inspire creative and imaginative play.

# January Training Sessions

## Measure and Improve Leadership and Management Practices: An Overview of the Program Administration Scale (PAS)

**Dates Offered:** Thursday, January 16, 2020; 12:30pm to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 9, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** AM

**CCDF Categories:** 18

**Funded By:** DHR

**Training Hours:** 2.5

**CDA Categories:** 5

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** MA

The Program Administration Scale (PAS) is an assessment tool that measures administrative quality practices in center-based programs. The PAS instrument includes 25 Items clustered in 10 Subscales that measure both leadership and management functions. Items measured include staff orientation, staff development, benefits for employees, risk management, program evaluation, external communications and more. Center directors now have a tool for the administrative aspects of their programs. The PAS is the administrative tool used for the Alabama STARS Quality Rating System. The PAS Overview training is required for all programs that plan to participate in QRIS.

## Measuring Family Child Care Quality: An Overview of the Family Child Care Environment Rating Scale (FCCERS-R)

**Dates Offered:** Tuesday, January 21, 2020; 6:00pm to 8:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, January 14, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP, QCCL, CCPF

**CCDF Categories:** 18

**Funded By:** DHR

**Training Hours:** 2.5

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN, LEE, COA

As Alabama moves forward with the Alabama Quality Rating and Improvement Systems (QRIS), Childcare Resources is supporting this effort by developing training to help early care programs succeed. This training was developed to help family child care home providers better understand the rating scale. This training is in preparation for Alabama Quality STARS (QRIS) and quality improvement for family child care home providers.

## Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers

**Dates Offered:** Thursday, January 23, 2020; 9:00am to 11:30am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 16, 2020

**Cost:** \$20

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 1, 3, 8

**Funded By:** UWCA

**Training Hours:** 2.5

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering, toileting and hand washing; food service; nutrition; and other health and safety related topics. This training also covers four of the new Child Care Development Fund (CCDF) training regulations.

## Emergency Preparedness: Are You Ready? (SHELBY)

**Dates Offered:** Saturday, January 25, 2020; 8:00am to 10:00am

**Location:** Riverchase Community Church; 2053 Old Montgomery Hwy; Birmingham, AL 35244

**Deadline to Register:** Saturday, January 18, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 5, 7, 8

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 5

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

Inevitably an emergency will arise in your child care setting. Are you and your staff prepared to handle any emergency situation you may encounter? This training includes realistic guidance for planning, preparing, and practicing how to effectively handle any emergency.



# January Training Sessions

## Your Role in Preventing Child Abuse and Neglect (SHELBY)

**Dates Offered:** Saturday, January 25, 2020; 10:15am to 12:15pm

**Location:** Riverchase Community Church; 2053 Old Montgomery Hwy; Birmingham, AL 35244

**Deadline to Register:** Saturday, January 18, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 2, 6, 11

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

As child care providers, it is our responsibility to ensure the health and safety of the children in our care. You will learn how to recognize signs of suspected child abuse and neglect, interact with the shaken baby simulator doll, and practice making a mandatory reporting phone call to DHR.

## Transportation in Early Child Care (ONLINE)

**Dates Offered:** Monday, January 27, 2020 - Friday, January 31, 2020; ONLINE

**Location:** Childcare Resources' Online Portal

**Deadline to Register:** Monday, January 20, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 9

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

This training will highlight the importance of following safety guidelines when transporting children in the early child care setting. This training will cover a variety of topics including required documentation, safety checklists, driver safety, car seat safety, and how to safely plan field trips. Providers will leave this training with the knowledge needed to ensure they are following and implementing the appropriate transportation safety guidelines to keep the children in their care safe when transporting.

## Your Role in Preventing Child Abuse and Neglect

**Dates Offered:** Tuesday, January 28, 2020; 6:00pm to 8:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, January 21, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 2, 6, 11

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

As child care providers, it is our responsibility to ensure the health and safety of the children in our care. You will learn how to recognize signs of suspected child abuse and neglect, interact with the shaken baby simulator doll, and practice making a mandatory reporting phone call to DHR.

## Managing Food Allergies in the Early Childhood Setting

**Dates Offered:** Thursday, January 30, 2020; 9:00am to 10:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 23, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 4

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Advanced

**CEUs Offered:** No

**CKA Categories:** HSN

It is no surprise to find a list of food allergies on a child's enrollment form. A Nurse Consultant with Alabama Department of Public Health/Healthy Child Care Alabama, will share how managing food allergies in the early childhood classroom is a collaborative effort involving parents, teachers and the child.

# January Training Sessions

## Medication and Child Care: A Guide to the Baby Douglas Law

**Dates Offered:** Thursday, January 30, 2020; 10:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 23, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 3

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

In 2004, the Alabama Legislature passed a new law addressing the safe medication of children in child care facilities known as the Baby Douglas Law. The law focuses on giving children only medications that are prescribed by a doctor or that are appropriate for the age of the child, and requires caregivers to follow dosage instructions precisely. Learn the history of the Baby Douglas Law from Alabama Department of Public Health/Healthy Child Care Alabama, and how to ensure that you are following the appropriate guidelines.

## CPR / First Aid

**Dates Offered:** Thursday, January 30, 2020; 12:30pm to 4:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 23, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** N/A

**CCDF Categories:** 10

**Funded By:** DHR

**Training Hours:** N/A

**CDA Categories:** N/A

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** N/A

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid.

## DIRECTORS' RETREAT

# lights, camera, direction!

the script to a successful child care program

The role of a film director is very similar to the role of a Child Care Director. We will explore how to encourage your crew members, how to modify the script when needed, and give direction so that the film (child care program) will be successful!

**March 13, 2020 | 9:30 am - 1:00 pm**

Vestavia Hills Library Community Room  
1221 Montgomery Highway  
Vestavia Hills, AL 35216

## FOR MORE INFO:

kstanton@ccr-bhm.org | 205 - 945 - 0018 ext. 311



# February Training Sessions

## Welcome to Child Care II

**Dates Offered:** Tuesday, February 4, 2020; 8:30am to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, January 28, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** CD, LD, PDG

**CCDF Categories:** 13, 15

**Funded By:** DHR

**Training Hours:** 6

**CDA Categories:** 3, 4, 6, 7, 8

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE, DIV, COA, ICFC

Welcome to Child Care II covers topics required by DHR in the Minimum Standards for child care providers and staff. The following training categories will be discussed: child development, language development, and positive discipline and guidance. All staff must show proof of acquiring the necessary clock hours in these categories before opening or working in a child care center or home.

## Minding Your P's and Q's: Manners with Preschoolers (BLOUNT)

**Dates Offered:** Wednesday, February 5, 2020; 1:00pm to 3:00pm

**Location:** Kids Campus; 27550 AL-75; Oneonta, AL 35121

**Deadline to Register:** Wednesday, January 29, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD, PDG

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 3

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE

Good manners are important skills children can learn when they are young. Manners are something used every day to make a good impression on others and to feel good about oneself. Please join us as we review children's literature and participate in active learning experiences that teach children their P's and Q's in today's world.

## Measuring Infant/Toddler Quality: An Overview of the Infant Toddler Environment Rating Scale (ITERS-R)

**Dates Offered:** Thursday, February 6, 2020; 12:30pm to 3:00pm

**Location:** Childcare Resources' ELDC Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, January 30, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** QCCL

**CCDF Categories:** 20

**Funded By:** DHR

**Training Hours:** 2.5

**CDA Categories:** 1, 5, 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE

One of the most widely used resources to help early childhood programs examine their environment and learning programs is the Infant Toddler Environment Rating Scale-Revised (ITERS-R). ITERS-R is an easy-to-use tool that examines a program's environment (space and furnishings, personal care routines, activities, interactions, listening and talking, and program structure). After attending this training, child care providers will possess the knowledge of what a high quality infant/toddler environment encompasses. This overview of the ITERS-R is in preparation for the Alabama Quality STARS and quality improvement.

## Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers

**Dates Offered:** Saturday, February 8, 2020; 8:00am to 10:30am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Saturday, February 1, 2020

**Cost:** \$20

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 1, 3, 8

**Funded By:** UWCA

**Training Hours:** 2.5

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering, toileting and hand washing; food service; nutrition; and other health and safety related topics. This training also covers four of the new Child Care Development Fund (CCDF) training regulations.



# February Training Sessions

## Emergency Preparedness: Are You Ready?

**Dates Offered:** Saturday, February 8, 2020; 10:45am to 12:45pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Saturday, February 1, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 5, 7, 8

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 5

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

Inevitably an emergency will arise in your child care setting. Are you and your staff prepared to handle any emergency situation you may encounter? This training includes realistic guidance for planning, preparing, and practicing how to effectively handle any emergency.

## First Steps to a Career in Child Care (ONLINE)

**Dates Offered:** Monday, February 10, 2020 - Friday, February 14, 2020; ONLINE

**Location:** Childcare Resources' Online Portal

**Deadline to Register:** Monday, February 3, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** QCCL

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources.

## Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting

**Dates Offered:** Tuesday, February 11, 2020; 9:00am to 10:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, February 4, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 1

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

Alabama Department of Public Health/Healthy Child Care Alabama Nurse Consultant will lead an important discussion for exclusion criteria, diapering, disinfectant solution, infection control and hand washing. Practical tips and resources for application in your child care program will be shared.

## Managing Food Allergies in the Early Childhood Setting

**Dates Offered:** Tuesday, February 11, 2020; 10:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, February 4, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 4

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Advanced

**CEUs Offered:** No

**CKA Categories:** HSN

It is no surprise to find a list of food allergies on a child's enrollment form. A Nurse Consultant with Alabama Department of Public Health/Healthy Child Care Alabama, will share how managing food allergies in the early childhood classroom is a collaborative effort involving parents, teachers and the child.

# February Training Sessions

## CPR / First Aid

**Dates Offered:** Tuesday, February 11, 2020; 12:30pm to 4:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, February 4, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** N/A

**CCDF Categories:** 10

**Funded By:** DHR

**Training Hours:** N/A

**CDA Categories:** N/A

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** N/A

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid.

## Inquiry Based Science: Health and Biology

**Dates Offered:** Wednesday, February 12, 2020; 1:00pm to 3:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, February 5, 2020

**Cost:** \$15

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** UWCA

**Training Hours:** 2.5

**CDA Categories:** 2

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** LEE

What do living things need to survive? What makes life possible? How does life evolve and change? How do lifeforms interact with one another? All these questions and much more will be answered during this exploratory biology session. And most importantly, what we discover in this session will directly impact your classroom practice.

## Minding Your P's and Q's: Manners with Preschoolers (WALKER)

**Dates Offered:** Wednesday, February 12, 2020; 1:00pm to 3:00pm

**Location:** Jasper Civic Center; 204 19th St E Suite 100; Jasper, AL 35501

**Deadline to Register:** Wednesday, February 5, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD, PDG

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 3

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE

Good manners are important skills children can learn when they are young. Manners are something used every day to make a good impression on others and to feel good about oneself. Please join us as we review children's literature and participate in active learning experiences that teach children their P's and Q's in today's world.

# February Training Sessions

## Transportation in Early Child Care

**Dates Offered:** Thursday, February 13, 2020; 9:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, February 6, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 2, 6, 11

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

As child care providers, it is our responsibility to ensure the health and safety of the children in our care. You will learn how to recognize signs of suspected child abuse and neglect, interact with the shaken baby simulator doll, and practice making a mandatory reporting phone call to DHR.

## Directors' Network: Minimum Standards for Day Care Centers (BLOUNT)

**Dates Offered:** Tuesday, February 18, 2020; 12:00pm to 1:30pm

**Location:** Kids Campus; 27550 AL-75; Oneonta, AL 35121

**Deadline to Register:** Tuesday, February 11, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** QCCL, AM

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 5

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** MA

The State of Alabama Department of Human Resources Minimum Standards for Day Care Centers and Nighttime Centers were revised November 2018. Please join us as a consultant from the Department of Human Resources Office of Training and Development reviews updates and answers questions regarding these changes.

## Lights, Camera, Action! Setting the Stage for Dramatic Play (SHELBY)

**Dates Offered:** Tuesday, February 18, 2020; 1:00pm to 3:00pm

**Location:** South Shelby Baptist Learning Center; 1757 14th Street; Calera, AL 35040

**Deadline to Register:** Tuesday, February 11, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CDG

In most classrooms, dramatic play is traditionally found in the home living area; however, when you watch children play, they reinvent scenes from all aspects of their lives. In order to reach the full benefit of dramatic play as it relates to learning, early care professionals should "set the stage" throughout the classroom. Any area should be inviting for dramatic play! Presentation alone should inspire creative and imaginative play.

## Getting to Know Me: Infants

**Dates Offered:** Wednesday, February 19, 2020; 8:30am to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, February 12, 2020

**Cost:** \$15

**Target Age Group:** Infants

**DHR Categories:** CD, PDG

**CCDF Categories:** 20

**Funded By:** UWCA

**Training Hours:** 6

**CDA Categories:** 1, 2

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE

During the first year of life, babies develop skills they will use for the rest of their lives. As a child care provider working with infants, it's important for you to understand the ages and stages of development during these critical 12 months of life. This training will address infant development, safe sleeping, parent/caregiver communication as well as appropriate toys, which helps to develop skills and awareness.



# February Training Sessions

## APT Presents: Seasons in Science

**Dates Offered:** Thursday, February 20, 2020; 2:00pm to 4:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, February 13, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD, LD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 2, 3

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** LEE, CGD

Let's get ready to warm up for the winter, spring into action to beat the summer heat while enjoying the fall weather by exploring hands-on experiments that relate to the seasons of the year. These simple science experiments will promote and support social, cognitive, and emotional development as well as literacy development in preschoolers by utilizing PBS KIDS programming, games and children's books.

## BAS Overview:

### Basic Administration Scale Overview for Family Child Care Homes

**Dates Offered:** Tuesday, February 25, 2020; 6:00pm to 8:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, February 18, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** AM

**CCDF Categories:** 5

**Funded By:** DHR

**Training Hours:** 2.5

**CDA Categories:** 5

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** LEE

Are you a Family Child Care Home Provider? If so, this training is designed for you! Keeping your business successful requires attention to more than making the children and families happy. In order for you to continue living your dream, your business must have the solid foundation of sound business practices. This training will walk you through a tool that is designed to help you assess and strengthen your program. It is also the tool that is used for the Alabama Quality STARS Alabama's Quality Rating and Improvement System (QRIS).

## Your Role in Preventing Child Abuse and Neglect

**Dates Offered:** Wednesday, February 26, 2020; 9:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, February 19, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 2, 6, 11

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

As child care providers, it is our responsibility to ensure the health and safety of the children in our care. You will learn how to recognize signs of suspected child abuse and neglect, interact with the shaken baby simulator doll, and practice making a mandatory reporting phone call to DHR.

## Keep Calm and Carry On: Managing Challenging Behaviors in Your Classroom

**Dates Offered:** Thursday, February 27, 2020; 12:30pm to 2:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, February 20, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** PDG

**CCDF Categories:** 15

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** CGD

Dealing with challenging behaviors in early child care can be a daunting task. Research shows that preschool and early childhood settings are often the first to encounter challenging behaviors in children. Learners will explore positive guidance techniques to reduce challenging behaviors in the classroom.

# February Training Sessions

## Make-N-Take: A Ticket Around the World: Geography Experiences for Preschoolers

**Dates Offered:** Thursday, February 27, 2020; 6:00pm to 7:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, February 20, 2020

**Cost:** \$15

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** UWCA

**Training Hours:** 1.5

**CDA Categories:** 8

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** LEE

Young children have a natural fascination with the world around them. Research shows that preschoolers are ready for learning about geography, both the physical and cultural aspects. From north to south, and east to west, there are many ways to introduce the great big world to young children. **Learners will leave this session with ready to use materials.**

## Directors' Series: Early Brain Development Matters!

**Dates Offered:** Friday, February 28, 2020; 12:30pm to 2:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Friday, February 21, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Intermediate

**CEUs Offered:** No

**CKA Categories:** CGD

Are you and your teachers utilizing early brain development information to it's greatest potential? Treat yourself to a refresher on early brain development from the perspective of Dr. Mary Blankson, a retired Pediatrician and advocate of early development. Explore the journey of the power of the first 1,000 days of a child's life. Discover and learn to implement the "Serve and Return" practice that can create a bright present and future for children. This training will motivate center directors to keep their teachers on the cutting edge of knowledge and simple practices that support healthy early brain development.

# March Training Sessions

## Emergency Preparedness: Are You Ready? (ONLINE)

**Dates Offered:** Monday, March 2, 2020 - Friday, March 6, 2020; ONLINE

**Location:** Childcare Resources' Online Portal

**Deadline to Register:** Monday, February 24, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 5, 7, 8

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 5

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

Inevitably an emergency will arise in your child care setting. Are you and your staff prepared to handle any emergency situation you may encounter? This training includes realistic guidance for planning, preparing and practicing how to effectively handle any emergency.

# March Training Sessions

## Building a Healthy Start: Module 3 - Protecting Infants and Toddlers in Early Childhood Settings from Disaster

**Dates Offered:** Tuesday, March 3, 2020; 9:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, February 25, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** HSUP

**CCDF Categories:** 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

This module addresses disaster preparedness issues specifically related to infants and toddlers in child care.

## ADHD and the Impact on Social Emotional Development

**Dates Offered:** Wednesday, March 4, 2020; 12:00pm to 2:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, February 26, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers, and Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13, 17

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 3

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD

Join us as an Early Childhood Mental Health Consultant from United Ability discusses ADHD and attention disorder from birth to five, explores how these disorders can impact a child's social emotional development, and what we can do to improve that as caregivers.

## Eco-Healthy Child Care

**Dates Offered:** Friday, March 6, 2020; 12:30pm to 2:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Friday, February 28, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 8

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

It's easier than you think for your center to be Eco-Healthy! Join us for this cutting edge training as we share simple, free and low cost steps that will help you create a safer and healthier environment for children to learn and grow. Topics will include the presence and impacts of radon, pesticides, chemicals, lead and other elements. Learn where they can be found in the child care environment and how to protect children from the dangers of exposure. Come learn easy steps your center can take to become an Eco-Healthy Child Care Facility.

## Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers

**Dates Offered:** Tuesday, March 10, 2020; 6:00pm to 8:30pm

**Location:** South Highland Child Development Center; 2035 Highland Avenue South; Birmingham, AL 35205

**Deadline to Register:** Tuesday, March 3, 2020

**Cost:** \$20

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 1, 3, 8

**Funded By:** UWCA

**Training Hours:** 2.5

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering, toileting and hand washing; food service; nutrition; and other health and safety related topics. This training also covers four of the new Child Care Development Fund (CCDF) training regulations.



# March Training Sessions

## Language and Literacy in the Early Care Setting (SHELBY)

**Dates Offered:** Tuesday, March 10, 2020; 1:00pm to 3:00pm

**Location:** South Shelby Baptist Learning Center; 1757 14th Street; Calera, AL 35040

**Deadline to Register:** Tuesday, March 3, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** LD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 2

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** LEE

Research shows that early reading with children helps them learn to speak, interact, bond with caregivers and possibly become early readers! Early childhood educators have the power to positively impact literacy outcomes for children by providing literacy rich environments. Join us as we explore how to positively promote literacy in early child care.

## Medication and Child Care: A Guide to the Baby Douglas Law

**Dates Offered:** Wednesday, March 11, 2020; 9:00am to 10:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, March 4, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 3

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

In 2004, the Alabama Legislature passed a new law addressing the safe medication of children in child care facilities known as the Baby Douglas Law. The law focuses on giving children only medications that are prescribed by a doctor or that are appropriate for the age of the child, and requires caregivers to follow dosage instructions precisely. Learn the history of the Baby Douglas Law from Alabama Department of Public Health/Healthy Child Care Alabama, and how to ensure that you are following the appropriate guidelines.

## Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting

**Dates Offered:** Wednesday, March 11, 2020; 10:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, March 4, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** HSUP

**CCDF Categories:** 1

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

Alabama Department of Public Health/Healthy Child Care Alabama Nurse Consultant will lead an important discussion for exclusion criteria, diapering, disinfectant solution, infection control and hand washing. Practical tips and resources for application in your child care program will be shared.

## Childcare Resources Presents: Toddlers and Challenging Behaviors: Why They Do It and How to Respond

**Dates Offered:** Thursday, March 12, 2020; 2:00pm to 4:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, March 5, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** CD, PDG

**CCDF Categories:** 15, 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3, 5, 8

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD, LEE

From dealing with biting to understanding "no," handling toddlers' behavior can be tough. This training will provide information on the meaning behind challenging behaviors and offer suggestions to help care givers set age-appropriate limits. Through the use of books, hands-on activities, PBS Kids video clips and apps, participants will gain information to better understand toddlers and their behavior.

# March Training Sessions

## Directors' Retreat: Lights, Camera, Direction! The Script to a Successful Child Care Program

**Dates Offered:** Friday, March 13, 2020; 9:30am to 1:00pm

**Location:** Vestavia Hills City Library; 1221 Montgomery Hwy; Vestavia Hill, AL 35216

**Deadline to Register:** Friday, March 6, 2020

**Cost:** \$30

**Target Age Group:** All

**DHR Categories:** AM

**CCDF Categories:** N/A

**Funded By:** UWCA

**Training Hours:** 3

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** MA

The role of a Film Director is very similar to the role of a Child Care Director! Join us as we explore how to encourage your crew members, modify the script when needed, and give direction so that the film (child care program) will be successful.

## Super Saturday (BLOUNT): Equipped: Building a Collaborative Approach to Addressing Challenging Behaviors

**Dates Offered:** Saturday, March 14, 2020; 8:15am to 10:15am

**Location:** Kids Campus; 27550 AL-75; Oneonta, AL 35121

**Deadline to Register:** Saturday, March 7, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** PDG

**CCDF Categories:** 15

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3, 8

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD, COA, PPD

Challenging behaviors can be overwhelming for everyone! Attend this session to learn about the community of support and resources available to you, through the Challenging Behaviors Project, a collaborative partnership between the Alabama Department of Early Childhood Education and the Alabama Department of Human Resources. The Challenging Behaviors Project is designed to promote respect, compassion, and strength-based strategies for teachers and children by using proven research-based systems to provide individualized support for teachers, children, and families.

## Super Saturday (BLOUNT): Session 2: Challenging Behaviors? Oh My! Effective Strategies for Classroom Teachers

**Dates Offered:** Saturday, March 14, 2020; 10:30am to 12:30pm

**Location:** Kids Campus; 27550 AL-75; Oneonta, AL 35121

**Deadline to Register:** Saturday, March 7, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** PDG

**CCDF Categories:** 15

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3, 7, 8

**Training Level:** Intermediate

**CEUs Offered:** No

**CKA Categories:** CGD, COA

Are challenging behaviors leaving you scratching your head? Come gain new skills and strategies to implement in your classroom. These skills will help you build your classroom management system to be proactive with the challenging behaviors you are experiencing in the classroom.

## Building Blocks for Future Success: Foundational Learning Experiences for Infants and Toddlers

**Dates Offered:** Tuesday, March 17, 2020; 9:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, March 10, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** CD

**CCDF Categories:** 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE

Learning begins at birth, and by the time a child turns three they have already begun laying the foundation for life-long learning and success. Explore how children develop early learning skills such as language/literacy, thinking skills, self-confidence, and self-regulation from birth to 24 months. Join us to learn how to make the most of early learning environments in your infant and toddler classrooms.

# March Training Sessions

## First Steps to a Career in Child Care

**Dates Offered:** Tuesday, March 17, 2020; 12:00pm to 1:30pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, March 10, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** QCCL

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources.

## It's All About Me! Individualizing Learning in Early Care Settings

**Dates Offered:** Wednesday, March 18, 2020; 1:00pm to 3:00pm

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, March 11, 2020

**Cost:** Free

**Target Age Group:** Infants, Toddlers, Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 7, 8

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** CGD

Most children's development occurs in a predictable sequence. However, the rate at which they develop a certain skill can vary. It is the teacher's responsibility to provide a classroom environment where all children can develop skills at their natural pace. This training will focus on why individualized learning in the early care setting is important and what individualized learning in the classroom looks like. We will explore factors that contribute to the pace of learning for children, like learning styles and how teachers can utilize a child's individuality to support successful development.

## Language and Literacy in the Early Care Setting (WALKER)

**Dates Offered:** Wednesday, March 18, 2020; 1:00pm to 3:00pm

**Location:** Jasper Civic Center; 204 19th St E Suite 100; Jasper, AL 35501

**Deadline to Register:** Wednesday, March 11, 2020

**Cost:** Free

**Target Age Group:** All

**DHR Categories:** LD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 2

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** LEE

Research shows that early reading with children helps them learn to speak, interact, bond with caregivers and possibly become early readers! Early childhood educators have the power to positively impact literacy outcomes for children by providing literacy rich environments. Join us as we explore how to positively promote literacy in early child care.

## Go Natural! Discovering the Power of Nature in Outdoor Playscapes

**Dates Offered:** Tuesday, March 31, 2020; 9:00am to 11:00am

**Location:** Childcare Resources' Conference Room; 244 West Valley Ave, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, March 24, 2020

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 2

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** LEE

Are the outdoor play spaces for the children you serve the best that they can be? Join us as we reinvent existing playgrounds into nature-based playscapes. In this training, we will discuss how affordable and practical it can be to create a more diverse and naturalistic playground setting. Together we will discover the benefits of natural playscapes and the positive effects they have on young children.



# Alabama Early Learning Guidelines Credential Offered ONLINE!

The **Alabama Early Learning Guidelines** (AELG) professional development course, through a partnership with the Alabama Department of Human Resources, Alabama Public Television and the Alabama State Department of Education, will be offered online again this quarter.

**The course begins Monday, January 6, 2020 and ends Monday, February 24, 2020.**

The **Alabama Early Learning Guidelines** were developed by DHR to promote continuity of high quality care and learning for children ages 0-5. The **AELG** online course will consist of 7 training sessions (two sessions are combined) with readings, activities and online discussions that will be a guide for understanding child development and learning, and for implementing the best practices in order to prepare children for success in school and in life.

Participants who complete the course will receive 18 workshop training hours and a Training Award Credential issued by the Alabama Department of Human Resources. (If you have received this credential through the AELG face-to-face training, you will not receive credit for the online version of the course.)

## Registration:

To REGISTER for the online course, visit Alabama Public Television's website:  
[www.aptv.org/IQLEARNING/content.asp?NewsID=1550](http://www.aptv.org/IQLEARNING/content.asp?NewsID=1550)

- Course participants must have an individual working email address and access to an internet connection.
- **Registration opens December 9, 2019, and will remain open until the sessions are full.**
- Class size is limited, so be sure to register early.



## AELG Guidelines Course Descriptions

The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for their future in school and life and they are intended to be inclusive for all children. AELG is a result of a collaboration between the Alabama Department of Human Resources (DHR) and various stakeholders across the state.

### The AELG consist of nine modules:

1. **Orientation:** This session will involve learners in activities to become familiar with the AELG course and basic child development concepts. It will explain the origin and the purpose of AELG, list the sessions included and help learners develop a basic understanding of concepts and terminology related to child development.
2. **Observation:** This session will involve learners in activities to understand the critical importance of child observations. It will identify the purpose of intentional child observations, children's learning styles and will demonstrate techniques of observing and reflecting on children, and how to complete a developmental checklist.
3. **The Role of Parent and Caregiver:** This session will involve learners in activities to help facilitate positive relationships between parents and caregivers. The session will help learners become familiar with ways to help start, build and maintain positive relationships when children are in out-of-home care and learn how to set a positive tone for a partnership between parents and caregivers.
4. **Self-concept and Emotional Development:** This session will engage learners in activities that can be used to help children develop a positive picture of self, understand and express their emotions. Learners will also use AELG to help children build self-esteem, identify and name their emotions and regulate behaviors.

5. **Social Development:** This session will engage learners in activities that can be used to help children enhance their social interaction skills, identify strategies to help children develop trusting relationships with nurturing adults, demonstrate caring cooperation and role play relationship dynamics.

6. **Language and Literacy:** This session will teach learners to stimulate and enhance children's communication skills. It will engage learners in using AELG to understand verbal and non-verbal communication, explore various methods of communication, identify with home languages, and become familiar with ages and stages of language and literacy development.

7. **Physical Development:** This session will teach learners to stimulate and enhance children's physical skills necessary for healthy development. Learners will engage in becoming familiar with how children develop gross and fine motor skills and ways to enhance self-help skills.

8. **Cognitive Development:** This session will engage learners in activities that can be used to help children build and expand concepts to develop problem-solving skills. Learners will gain an understanding of basic concepts and relationships, apply knowledge to new situations and problem solving.

9. **Putting It all Together:** This session will have learners participate in activities that encourage the use of all available resources for caregivers, families and children. The session will help participants provide additional resources and materials to parents to promote high quality care and education and pull together information from previous AELG sessions.



**Note: You MUST attend the Orientation Session first in order to attend sessions 2-9. Upon completion of each session you will receive a certificate. When all 9 sessions have been completed you will receive a Credential from the Alabama Department of Human Resources.**



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Quality Times | January February March 2020

### Training Opportunities, News and Resources for the Early Care Educator

Serving Blount, Jefferson, Shelby and Walker counties

*The mission of Childcare Resources is to make quality care and education of children happen by providing information, education and assistance to families, providers of child care and the community.*

### Childcare Resources will be closed:

**New Years Day**  
January 1, 2020

**Martin Luther King, Jr. Day**  
January 20, 2020

## please remember...

- It is important to **arrive on time** for all trainings. **Arriving early is even better!**
- If you are not able to attend a training you have previously registered for, **please call to let us know**, even if it's the day of the training.
- All registrations for classes and trainings are final; **no vouchers or refunds will be provided** if you are unable to attend a training for which you have registered.

**Be sure to review the Childcare Resources Training and Registration Policies on Page 2!**

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